

Karly Doneman – Expert Occupational Therapist

B.Occ.Thy

Abbreviated curriculum vitae



QUALIFICATIONS AND MEMBERSHIPS:

- Bachelor of Occupational Therapy (2010)
- Australian Health Practitioner Regulation Agency (AHPRA) Registration
- OT Australia Membership
- Medicare & DVA provider
- NDIS Worker Screening Check
- FIM accreditation

CURRENT POSITIONS

Insight Rehab QLD • 2025 – Current

Undertaking home assessments, ADL assessments, implementing rehabilitation strategies, equipment prescription and home modifications, training and supervising junior staff. Rehabilitation coordination.

Insight Medicolegal • 2025 – Current

Comprehensive assessment and preparation of high quality and professional medicolegal reports.

EXPERIENCES

Community experience

Suncare Community Services: 2023 – 2025; Intrinsic Health: 2022 – 2023; Encara: 2019 – 2022: Functional home assessments. ADL and IADL assessment and retraining. Equipment and assistive technology prescription. Home modifications. Pressure care. Seating assessments. Wheelchair prescription. Cognitive assessments and cognitive skills training. Powered mobility assessments. Rehabilitation and reablement programs. Neurological and musculoskeletal interventions for upper limb. Fatigue management. Manual handling and transfer plans. Oedema management. Splinting.

NDIS experience

Therapy Pro: 2022 – Functional capacity assessments, cognitive, and environmental assessments for adults with physical or psychosocial disabilities. Goal-directed therapy and capacity building interventions to build independence in self-care, domestic, and community activities.

Residential Aged Care Facility experience

Xtra Aged Care/Home Care: 2017 – 2019; Encara: 2015 – 2017: Functional, cognitive, and mobility assessments to inform care planning. Individualised and group therapy programs to maintain or improve residents' functional independence. Pain management treatments. Assistive technology and equipment prescription. Seating solutions. Falls risk, pressure care and manual-handling assessment and management. Rehabilitation and reablement interventions post-illness or hospitalisation. Dementia care.

Occupational Rehabilitation experience

Advantage Injury Management Services: 2011 – 2015: Functional capacity evaluations, job task analyses, risk assessments to guide injury management. Client-centred treatment to restore functional, physical, and psychosocial capacity. Assess injury impact on home and daily activities, recommending supports and/or modifications. Graded return-to-work and rehabilitation programs. Vocational Assessments. Host employment placement. Ergonomic advice, education, and injury-prevention training.

Mining experience

BMA Blackwater Mine: 2011: Pre-employment and functional capacity assessments. Mine site ergonomic, job task and manual handling assessments. Return to work and injury management plans. Early intervention and workplace rehabilitation support. Education on injury prevention and safe work practices. On call first response to acute injuries on mine site and early management.